

Centre for Paediatric Spiritual Care Newsletter

Birmingham Children's Hospital NHS Foundation Trust

November 2015



Welcome to the November newsletter for the Centre for Paediatric Spiritual Care. This month, we have some updates on the Supporting Families module, a piece of new research published and new resources on our website.

Supporting Families module

The Centre for Paediatric Spiritual Care is a unique resource for anyone working with sick children and their families.

We aim to support and encourage research and resourcing for multidisciplinary spiritual care.

If you think you could contribute to our Centre by adding a resource, writing a blog or contributing to our research please contact emma.roberts@bch.nhs.uk

Take a look at our website to see more of our research and resources:

www.bch.nhs.uk/cpsc



@BCH_CPSC



This month participants on Day Three of the Supporting Families module trialled some new activities. These were postcards designed by Victoria Beech from Godventure to provide an opportunity for children to think about their spirituality, about the people who care for them and, for those who wish to, to pray. The activities are a chance for the whole family to get involved and do

something together.

Details of more training opportunities from the CPSC are available on the next page of the newsletter.

Some of the postcards used during the module are available from the Godventure website:

<http://godventure.co.uk/product-category/sticker-activity-postcards/>

New research

Lou Langford, who was on placement with our Chaplaincy department while a student and then volunteered with the team, has published an article drawn from her masters dissertation in the International Journal of Children's Spirituality. This article looks at children's prayers written and what these can tell us about children's spirituality.

Langford, L. (2015) Prayers from a Hospital Chapel. International Journal of Children's Spirituality.

DOI: 10.1080/1364436X.2015.1086729

Multi faith Celebrate Project: November dates
Diwali—Hindu, Sikh, Jain—
11th November

Martyrdom of Guru Tegh Bahadur - Sikh - 24th November 2015

Birthday of Guru Nanak - Sikh - 26th November 2015

Advent Sunday—Christian- 29th November

St Andrew's Day - Cultural - 30th November

http://www.bch.nhs.uk/sites/bch/files/november_2.pdf

Featured Article:

Weil, L., Lemer, C., Webb, E, Hargreaves, D. (2015) The voices of children and young people in health: where are we now? *Archives of Disease in Childhood*, 100, 915-917.

<http://adc.bmj.com/content/100/10/915.full?sid=2de68953-68fc-4a7f-bf85-53fb1f793ccf>

A look at the rights of children and young people to participate in decisions about healthcare, where we are now regarding these rights and how we can improve.

Website Updates

We have recently added some new activities to our website:

1. Blob Tree
2. Spiritual Care Bandage



All resources are available to download here:
<http://www.bch.nhs.uk/node/13511>

Blog Posts



This month, Adam Truman, a staff nurse, and Kathryn Darby, a Christian chaplain, have both written posts about experiences where simple activities with patients turned into a way of engaging with them spiritually. They show spiritual care is something that

anyone working with sick children can do—it doesn't have to be complicated!

Jayne Tomlinson's post shows the importance of caring for staff as well as patients. She shares her experience attending a staff self-care retreat day, and reflects on how caring professionals need to be supported and take time for themselves to recharge.

All blog posts are available to read in full here:

<http://www.bch.nhs.uk/story/centre-paediatric-spiritual-care-blog>

A useful resource: King's College London have compiled a helpful list of key healthcare databases to help with research: <http://www.kcl.ac.uk/library/help/documents/keyhealthcare2014.pdf>

Upcoming events and training

Participation day – see the CPSC approach to spiritual care
Cost: £35 (including resource bag)
23rd February 2016

Multidisciplinary Spiritual Care Accredited Module
Cost: £300.

15 March 2016, 27 April 2016, 18 May 2016 and 16 June 2016.

Email paul.nash@bch.nhs.uk for more information for all events.