

Centre for Paediatric Spiritual Care Newsletter

Birmingham Children's Hospital NHS Foundation Trust

October 2015



Welcome to the first edition of the Centre for Paediatric Spiritual Care newsletter. This will be a monthly update of the Centre's activity, including events, resources, blogs and more.

The Centre for Paediatric Spiritual Care is a unique resource for anyone working with sick children and their families.

We aim to support and encourage research and resourcing for multidisciplinary spiritual care.

If you think you could contribute to our Centre by adding a resource, writing a blog or contributing to our research please contact emma.roberts@bch.nhs.uk

Take a look at our website to see more of our research and resources:

www.bch.nhs.uk/cpsc

 @BCH_CPSC

Recent Events

September saw the launch of the Centre for Paediatric Spiritual Care at the Exploring Paediatric Spiritual Care conference. The conference focused on Birmingham Children's Hospital's Chaplaincy Department's Spiritual Care assessments and interventions. It was a great to hear the enthusiasm that attendees had to carry out spiritual care activities back at their organisations. Here's some of what they said about the event:

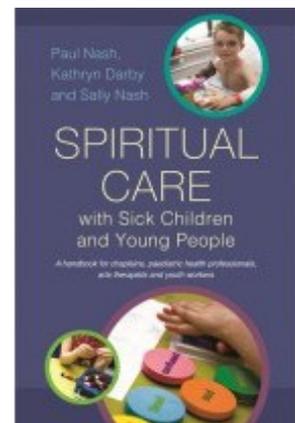


"An excellent and inspiring day"

"Brilliant to have a coherent, coordinated collection of ideas, resources, experience and best practice"

This event also marked the launch of 'Spiritual Care with Sick Children and Young People' by Paul Nash, Kathryn Darby and Sally Nash. The book gives practical, researched-based ways to support children and young people spiritually, including activity examples, case studies and other suggestions.

The book is available to order here: <http://www.bch.nhs.uk/node/13511>



Multi faith Celebrate Project: October events

Black History Month

All month

Navaratri (Hindu)

13th October

Halloween

31st October

To find out more, have a look here:

http://www.bch.nhs.uk/sites/bch/files/religious_festivals_october_final_1.pdf

Featured Article:

Coleman, J., Hagell, A. (2015) Young people, health and youth policy: *Youth & Policy*, 114, 17-30.

<http://www.youthandpolicy.org/wp-content/uploads/2015/04/coleman-hagell-young-people-health-youth-policy.pdf>

A review of public attitudes to young people's health, including risky behaviour, other topics in research concerning young people's healthcare and a suggestion of measures to improve young people's health.

Website Updates

We continually add spiritual care activities to our website. Here are the activities we have added this month:

1. A 'rose tinted spectacles' scratch art activity
2. How to make a spiritual care bracelet
3. 'Looking back on my day' lolly stick activity.

All resources are available to download here:

<http://www.bch.nhs.uk/node/13511>

Blog Posts

This month, Liz Bryson, Chaplaincy volunteer, has shared her thoughts about lament. Using her experiences, she explores what lament can mean to sick children.

Jim Meighan, from Yorkhill Children's Hospital, has told us about the 'Royal Hospital for Sick Teddies', where children can treat their teddies to prepare them for a procedure or during an inpatient stay.

Sally Nash, Director of Research at the Centre for Paediatric Spiritual Care, has written about a message in a bottle spiritual care activity as a different way to ask questions and collect thoughts.



All blog posts are available to read in full here:

<http://www.bch.nhs.uk/story/centre-paediatric-spiritual-care-blog>

Upcoming events and training

Supporting Staff Conference and Consultation on New Resources

Cost: £10

10am-4pm, 12 November St James' University Hospital, Leeds.

To book: email geraldinecunningham@nhs.net before 23 October.

Participation day – see the CPSC approach to spiritual care

Cost: £35 (including resource bag)

23rd February 2016

Multidisciplinary Spiritual Care Accredited Module

Cost: £300.

15 March 2016, 27 April 2016, 18 May 2016 and 16 June 2016.

Email paul.nash@bch.nhs.uk for more information for all events.