

Centre for Paediatric Spiritual Care Newsletter

Birmingham Children's Hospital NHS Foundation Trust

July 2016



Last month, Red Balloon Resources produced a new resource, written by Birmingham Children's Hospital chaplain Rachel Hill-Brown, called *Supporting Families with Sick Children*. This booklet was part of the Birmingham Diocesan 'Transforming Church' project.

The Centre for Paediatric Spiritual Care is a unique resource for anyone working with sick children and their families.

We aim to support and encourage research and resourcing for multidisciplinary spiritual care.

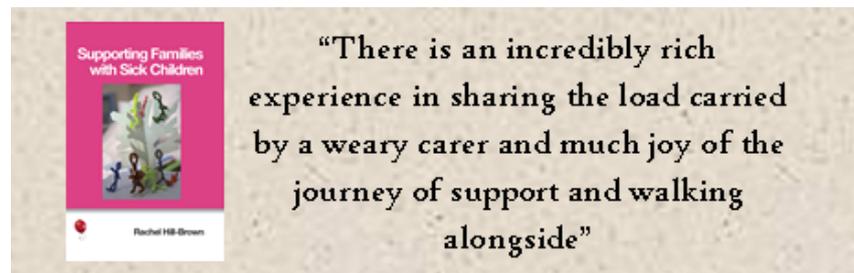
If you think you could contribute to our Centre by adding a resource, writing a blog post or contributing to our research please contact bch-tr.cpsc@nhs.net

Take a look at our website to see more of our research and resources:

www.bch.nhs.uk/cpsc



@BCH_CPSC



Often, when a family has a seriously ill or disabled child, friends don't know how to respond. It is difficult to know what will help the family, or to understand some of the challenges that the family could be facing.

This booklet explores some of the challenges for church ministers and pastoral teams of supporting families through having a child with a serious illness or disability.

It includes theological issues which may arise, and offers examples, principles of good practice, practical ideas and creative ways of helping families, the wider community and schools as they journey through the ups and downs, joys and tribulations associated with this situation.

This resource is aimed at Christian leaders, although much of the information may be useful to people of all faiths who work with families. The chaplaincy department is hoping to be able to build on this work to produce similar resources for other faiths.

We hope that this resource will be a way to connect faith communities and chaplains, and show how they can support each other.

Supporting Families with Sick Children costs £5 (discounts may be available on larger orders). Please email rb.resources@bch.nhs.uk to order a copy.

Multi faith Celebrate Project—July dates



Eid-al-Fitr -Muslim -6th July (subject to the sighting of the moon)

Dharma Day—Buddhist- 19th July

Featured Article:

[Curtis, K., Foster, K, Mitchell, R. and Van C. \(2016\) Models of Care Delivery for Families of Critically Ill Children: An Integrative Review of International Literature: *Journal of Paediatric Nursing*, 31:3, 330-341.](#)

Critical illness in children is a life changing event for the whole family. There is a need to design and evaluate models of family-centred care.

The models of care implemented were associated with positive changes. However, no model provided intervention throughout each phase of care to (or post) hospital discharge. A model which provides continuity across the span of care is required.

Website Updates

We have added a link to a new resource to the website:

Dr Pooky Knightsmith has written a book entitled *Using Poetry to Promote Talking and Healing*. This is a collection of poems about mental health which can be used therapeutically, as a basis for discussion. We have added a link to an extract from this book to our website. There is also an option to download a longer PDF including the poems, but without discussion prompts.

All resources are available to download here:

<http://www.bch.nhs.uk/node/13511>

Blog Posts

Emma Roberts, Project Coordinator and Research Assistant, has written about the background for our sibling support research project. She explains what our plans are for the project so far, and what we have learned from existing research. This is the second of two blogs, the first is also available on the website.

Sally Nash has written about a conference in York she and Paul Nash attended. This conference focused on chaplaincy research, and Paul and Sally presented a paper about the interpretive spiritual encounters model of assessment and intervention, including a case study of a project done with a life trees activity.



All blog posts are available to read in full here:

<http://www.bch.nhs.uk/story/centre-paediatric-spiritual-care-blog>

Upcoming events and training

Supporting Staff Accredited Module (Level 4 or 7)

Dates: 22 September, 20 Oct, 17 Nov, 5 Dec

Venue: Birmingham Children's Hospital, **Price:** TBC

This module will help people develop their skills in supporting healthcare staff in a range of contexts in relation to work based learning and development.

For more information, please email see our [website](#), or email paul.nash@bch.nhs.uk. For a booking form, please email: g.benson@stjohns-nottm.ac.uk.