

Centre for Paediatric Spiritual Care Newsletter

Birmingham Children's Hospital NHS Foundation Trust

June 2016



The Centre for Paediatric Spiritual Care is a unique resource for anyone working with sick children and their families.

We aim to support and encourage research and resourcing for multidisciplinary spiritual care.

If you think you could contribute to our Centre by adding a resource, writing a blog or contributing to our research please contact bch-tr.cpsc@nhs.net.

Take a look at our website to see more of our research and resources:

www.bch.nhs.uk/cpsc



@BCH_CPSC

Organ donation is an incredibly difficult decision for any parent, but it is particularly contentious for Muslim families. Recently, the Chaplaincy department at Birmingham Children's Hospital held a consultation on some new resources that one of our Muslim chaplains has been developing.

Currently, the number of Muslim donors is disproportionately low, leading to a shortage of organs for children from this background who need a transplant. The Chaplaincy department received funding from Birmingham Children's Hospital Charities to produce some resources about organ donation aimed at Muslim families with the aim of increasing donation rates.

One of our Muslim chaplains, Zamir Hussain, is developing a leaflet answering some common concerns Muslim families have when faced with the decision of whether to donate their child's organs, and a booklet with real life stories of families who have received organs.

We held a consultation on these booklets with a broad range of people, including an Imam, representatives from NHS Blood and Transplant, Muslim doctors, a Specialist Nurse for Organ Donation, and chaplains, who shared their thoughts on the leaflets.



The aim of these resources is to help people understand that there is another side to the issue, and there are Muslim scholars and Imams who support organ donation. The UK Muslim Council officially supports organ donation to alleviate suffering and prevent death.

In the consultation, we were keen to also think about how we can engage with communities, so that people are given a chance to consider organ donation before they are in a situation where they need to make a decision. The focus of these resources however will be for families at Birmingham Children's Hospital.

There was lots of interesting discussion at the consultation. One of the key themes that came up was that often people aren't aware of the need for organs, or of both sides of the issues of organ donation in Islam. With these resources, we are hoping to open the issue up to more discussion, to allow people to make an informed decision.

These resources are being developed for Birmingham Children's Hospital, but there may be some opportunities for other hospitals to use them.

Multi faith Celebrate Project: June 2016

Ramadan – Muslim – 6th June

Shavuot – Jewish – 11th June

Martyrdom of Guru Arjun Dev Ji – Sikh – 16th June

Summer Solstice – Pagan – 21st June

Ideas for celebrating these festivals are available [here](#).



Featured Article:

Simão, T.P., Caldeira, S. and de Carvalho, E.C. (2016) The Effect of Prayer on Patients' Health: Systematic Literature Review: *Religions*, 7, 11.

<http://www.mdpi.com/2077-1444/7/1/11>

This study aims to investigate the effects on patients' health of using prayer. A systematic literature review was conducted in May 2015 and updated in November 2015. A total of 12 papers were included in the review. Prayer was considered a positive factor in seven studies, and several positive effects of prayer on health were identified. Prayer is a non-pharmacological intervention and resource, and should be included in the nursing holistic care aimed at patients' well-being.

Website Updates

This month we tell you about an activity that we tried out at our spiritual care room launch (this isn't one that we made up ourselves unfortunately!).

There are lots of tutorials of how to do this one online, but we explain exactly what method we use on our website, as

we found a few methods we tested didn't work so well. It involves melting crayons to create a colourful picture using the wax.



All resources are available to download here:

<http://www.bch.nhs.uk/node/13511>

Blog Posts



This month we had the first of a two part blog post about a new research project that we are going to be doing, looking at supporting siblings of chronically ill children. The project was suggested and supported by one of our chaplaincy volunteers, Liz Bryson, and her family, in memory of her daughter Katie. In this month's post Liz explains where the idea of the project came from, and why her family are raising money by climbing Mount Kilimanjaro.

Keep an eye out for our next blog post, which will be an update on how this research is going.

All blog posts are available to read in full here:

<http://www.bch.nhs.uk/story/centre-paediatric-spiritual-care-blog>

Upcoming events and training:

Participation day – see the CPSC approach to spiritual care

13th July 2016.

Cost: £35 (including resource bag), or £44 to include the book 'Spiritual Care with Sick Children and Young People' (normally £12).

Please [email](#) us if you would like any more details or for a booking form.