

Centre for Paediatric Spiritual Care Newsletter

Birmingham Children's Hospital NHS Foundation Trust

March 2016



The Centre for Paediatric Spiritual Care is a unique resource for anyone working with sick children and their families.

We aim to support and encourage research and resourcing for multidisciplinary spiritual care.

If you think you could contribute to our Centre by adding a resource, writing a blog or contributing to our research please contact emma.roberts@bch.nhs.uk

Take a look at our website to see more of our research and resources:

www.bch.nhs.uk/cpsc



@BCH_CPSC

In February, we held a spiritual care participation day. Participants learned about the model of spiritual care we use at the Centre for Paediatric Spiritual Care, and had a chance to work with chaplains as they did these activities with patients.

Part of what we hope the CPSC does is equip healthcare professionals to be able to deliver spiritual care. This is why we hold participation days for anyone who would like to find out more about the work that we do.

In February, we held one of these participation days in the hospital. The day involved a mixture of theories of spiritual care, including the model of Interpretive Spiritual Encounters developed by the Birmingham Children's Hospital Chaplaincy team, and practical experience of working with sick children, supported by members of our team.

An interesting reflection which came out of the day was around a blob tree activity, using the posters available [here](#).

Participants thought that this simple activity is accessible to almost anyone. Children just need to point to where they feel they are on the tree, so it's suitable for almost all ages and abilities, and language is less of a barrier.

One idea was that this is very useful as an assessment tool, as it is a simple way to ask a child about their feelings, and can form the start of a conversation about why that child feels a certain way.

If you would like to take part in a participation day yourself, the next one will be on 13th July 2016. They are held on site at Birmingham Children's Hospital, which has good transport links.

The cost is £35, including a resource bag, or £44 if you would like a copy of the book 'Spiritual Care with Sick Children and Young People' (normally £12). Please email emma.roberts@bch.nhs.uk for more information and a booking form.



Featured Article:

Curtis, K., Foster, K., Mitchell, R. and Van, C (in press) Models of Care Delivery for Families of Critically Ill Children: An Integrative Review of International Literature: *Journal of Pediatric Nursing: Nursing Care of Children and Families*.

<http://www.ncbi.nlm.nih.gov/pubmed/26699441>

Critical illness in children is a life changing event for the child, their parents, caregivers and wider family. There is a need to design and evaluate models of care that aim to implement family-centred care to support more positive outcomes for critically ill children and their families. Due to a gap in knowledge on the impact of such models, a literature review was conducted.

The models of care implemented were associated with positive changes such as reduced parental anxiety and improved communication between parents/caregivers and health professionals. However, no model provided intervention throughout each phase of care to (or post) hospital discharge.

The success of any intervention implementation will be dependent on the comprehensiveness of the strategy for implementation, the relevance to the context and setting, and engagement with key stakeholders.

Website Updates

This month we have added a fingerprint activity, which encourages individuals or groups to make pictures using finger prints. It works well if all the children and young people on a ward contribute.



All resources are available to download here:

<http://www.bch.nhs.uk/node/13511>

Blog Posts

This month, one of our Muslim honorary Chaplains, Ambreen Pervez, has written about providing care to Muslim children and how the Islamic Chaplaincy team has developed some spiritual care activities particularly for use with Muslim children. She reflects on why it is important to provide faith specific care for sick children and their families, and gives examples of some of the activities that the Islamic team have developed to use with these children.

All blog posts are available to read in full here:

<http://www.bch.nhs.uk/story/centre-paediatric-spiritual-care-blog>

Multi faith Celebrate Project: March 2016

St David's Day - Cultural - 1st March

Mothering Sunday - Cultural - 6th March

Mahasivratri - Hindu - 7th March

St Patrick's Day - Cultural - 17th March

Holi - Hindu - 22nd March

Good Friday - Christian - 25th March

Easter Sunday - Christian - 27th March



Our Hindu Chaplain Rakesh after our Holi celebration!

Ideas for celebrating these festivals are available [here](#).