

Centre for Paediatric Spiritual Care Newsletter

Birmingham Children's Hospital NHS Foundation Trust

September 2016



IT'S OUR BIRTHDAY!

As you may remember if you came to our Spiritual Care Conference last year, the Centre for Paediatric Spiritual Care was launched on 10th September 2015, so we are one year old this month!

To celebrate, this month's newsletter will be looking back over the past year to see what we have achieved, and will also take a look at what more there is to do.

The Centre for Paediatric Spiritual Care is a unique resource for anyone working with sick children and their families.

We aim to support and encourage research and resourcing for multidisciplinary spiritual care.

If you think you could contribute to our Centre by adding a resource, writing a blog post or contributing to our research please contact bch-tr.cpsc@nhs.net

Take a look at our website to see more of our research and resources:

www.bch.nhs.uk/cpsc

 @BCH_CPSC



Multi faith Celebrate Project:

Hajj—Muslim- 9th September*

Eid-ul-Adha—Muslim-12th September*

*dates may change based on the sighting of the moon

For more about these festivals and how to celebrate them, look [here](#).

Featured Article:

Smith, L., Webber, R. and DeFrain, J. (2013) Spiritual Well-Being and Its Relationship to Resilience in Young People: A Mixed Methods Case study *SAGE Open*, 2(2).

<http://sgo.sagepub.com/content/spsgo/3/2/2158244013485582.full.pdf>

This case study focused on the relationships and connectedness of young people who attend one religious organization as a means of enhancing their spiritual well-being. It presents one possible explanation for the often observed relationship between spiritual well-being and positive youth outcomes, such as resilience.

Some of our goals for the next year...



- An article about a taxonomy for paediatric chaplaincy
- Begin our research project on supporting siblings of children with a rare disease
- Involve more people in the work of the CPSC, for example through contributing blog posts and resource suggestions
- Keeping on going with what we are already doing!

Resource Bag Introductory Offer



To celebrate our first birthday, we have put together a resource bag containing

- copies of our activity ideas suitable for children and young people in hospital
- resources to help you run these activities
- spiritual care postcards
- a copy of the book 'Spiritual Care with Sick Children and Young People (optional)

All contained in a canvas bag to help you carry all the activities.

The introductory price for this bag is:

£30 without a copy of 'Spiritual Care with Sick Children and Young People', or £40 with a copy of the book. Postage is 10% of your order total.

To order a bag, please email rb.resources@bch.nhs.uk (bags will be sent after Monday 12th September)

Blog Posts

This month, Sally and Emma have given their reflections on the development of the Centre over the past year.

All our blog posts are available to read [here](#).